





WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Macaroni Cheese	Beef & Vegetable Pie	Chicken Biryani	Steamed Gammon (Soup of the Day, Filled Roll)	Battered Cod Fillet Fingers
Vegetarian	Macaroni Cheese	Roasted Vegetable Slice	Vegetable Biriyani	Vegetable Stew	Vegetable Burger
Sides	Garlic Bread Peas & Sweetcorn	Mash Potatoes Mixed California Vegetables	Onion Bhajis Mango Chutney	Roast Potatoes Cauliflower & Broccoli Cheese	Chips Peas Beans
Desserts	Apple Crumble & Cream	Steamed Syrup Cake & Custard	Cheesecake	Chocolate Mousse	Banana & Custard

Available Daily: Sweet/Jacket Potatoes with a choice of ham, cheese or tuna. Fresh Fruit Basket and Homemade Yoghurts

**Salad Bar**—Variety of tasty options including; boiled eggs, roast vegetables, sweetcorn, mushrooms, beetroot, cucumber, tomato, lettuce, couscous, olives, hummus, rice mix, potato salad, coleslaw, green beans, bean mix, guacamole, low fat dressings All dishes are freshly made on –site using locally sourced ingredients







WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chilli Con Carne	Sausages in Gravy	BBQ Chicken Thighs (Soup)	Beef Lasagne	Webber Chicken Nuggets
Vegetarian	Mixed Bean Chilli	Vegetable Sausages in Gravy	Quorn BBQ Fillets	Vegetable Lasagne	Vegan Nuggets
Sides	Savoury Rice Nachos Salsa Sour Cream	Mashed Potatoes Peas & Carrots	Spicy Wedges Sweetcorn	Garlic Bread Mixed Veg	Chips Peas Beans
Desserts	Strawberry Mousse	Cornflake Tart & Cus- tard	Jam Sponge & Cream	Steamed Currant Cake & Custard	Chocolate Swiss Roll & Cream

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WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Chicken Curry	Pasta Bar (Bolognese Carbonara)	Steamed Pork Loin (Soup of the day with filled roll)	Creamy Chicken and Leek Pie	Cheese & Ham Pizza
Vegetarian	Spinach & Potato Curry	Pasta Bar (Spicy Tomato, Ham & Basil)	Webber Moussaka	Creamy Quorn and Vegetable Pie	Cheese & Tomato Pizza
Sides	Basmati Rice Naan Bread Peas Mango Chutney	Garlic Bread Sweetcorn	Roast Potatoes Mixed Vegetables Stuffing Gravy	Mash Potatoes Green Beans Carrots	Chips Peas Beans
Desserts	Tinned Fruit & Cream	Apple & Blackberry Crumble with Custard	Chocolate Cake & Cream	Creamy Rice Pudding	Flapjack

**Available Daily:** Sweet/Jacket Potatoes with a choice of ham, cheese or tuna. Fresh Fruit Basket and Homemade Yoghurts **Salad Bar**—Variety of tasty options including; boiled eggs, roast vegetables, sweetcorn, mushrooms, beetroot, cucumber, tomato, lettuce, couscous, olives, hum-

mus, rice mix, potato salad, coleslaw, green beans, bean mix, guacamole, low fat dressings All dishes are freshly made on –site using locally sourced ingredients







WEEK FOUR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cottage Pie with Potato Waffle Top	Giant Sausage Roll (Soup)	Chicken Stew & Dumpling	Pasta Bar (Bolognese Carbonara)	Webber Brunch Sausages, Bacon Halal Sausages
Vegetarian	Quorn Mince Pie with Potato Waffle Top	Vegetable / Vegan Sausage Roll	Chunky Vegetable Stew & Dumpling	Pasta Bar (Spicy Tomato & Basil)	Vegetarian Sausage
Sides	California Vegetables Gravy	Herby Diced Baked Beans	Mash Potatoes Peas & Carrots	Garlic Bread Sweetcorn	Scrambled Egg Beans Hash Browns Tomatoes
Desserts	Steamed Banana Cake & Cream	Apple Crumble & Custard	Chocolate Brownie & Cream	Ginger Cake & Cus- tard	Strawberry Mousse

Available Daily: Sweet/Jacket Potatoes with a choice of ham, cheese or tuna. Fresh Fruit Basket and Homemade Yoghurts

Salad Bar—Variety of tasty options including; boiled eggs, roast vegetables, sweetcorn, mushrooms, beetroot, cucumber, tomato, lettuce, couscous, olives, hummus, rice mix, potato salad, coleslaw, green beans, bean mix, guacamole, low fat dressings All dishes are freshly made on —site using locally sourced ingredi-