



# THE WEBBER INDEPENDENT SCHOOL



| WEEK ONE          | MONDAY                                      | TUESDAY   | WEDNESDAY                 | THURSDAY                            | FRIDAY                    |
|-------------------|---|---|---------------------------|-------------------------------------|---------------------------|
| Main Meal / Halal | Chicken Curry                               | Soup of the Day with filled roll (cheese, tuna, ham)<br>-----<br>Sausages & Gravy | Beef Lasagne              | Creamy Chicken & Leek Pie           | Whole Breaded Cod         |
| Vegetarian        | Vegetable & Chick Pea Curry                 | Vegetarian Sausages   | Macaroni Cheese           | Vegetable & Bean Hot Pot            | Veggie Burgers            |
| Sides             | Rice<br>Peas<br>Mango Chutney<br>Naan Bread | Mashed Potato<br>Baked Beans<br>Peas  | Garlic Bread<br>Sweetcorn | New Potatoes<br>Carrots<br>Broccoli | Chips<br>Peas<br>Beans    |
| Desserts          | Peaches & Cream                             | Chocolate Swiss Roll & Custard  | Flapjack                  | Cheesecake                          | Chocolate Brownie & Cream |

**Available Daily:** Sweet/Jacket Potatoes with a choice of ham, cheese or tuna. Fresh Fruit Basket and Homemade Yoghurts

**Salad Bar**—Variety of tasty options including ; boiled eggs, roast vegetables, sweetcorn, mushrooms, beetroot, cucumber, tomato, lettuce, couscous, olives, hummus, rice mix, potato salad, coleslaw, green beans, bean mix, guacamole, low fat dressings All dishes are freshly made on –site using locally sourced ingredients



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| WEEK TWO          | MONDAY   | TUESDAY                                 | WEDNESDAY   | THURSDAY                   | FRIDAY                   |
|-------------------|--|---|---|----------------------------|--------------------------|
| Main Meal / Halal | Pasta Bar—<br>Bolognese or<br>Carbonara          | Chicken & Vegetable<br>Pie              | Soup of the Day & filled<br>roll (cheese, ham or tuna)<br>-----<br>Steamed Gammon | Cottage Pie                | Cheese & Ham Pizza       |
| Vegetarian        | Pasta Bar -<br>Tomato & Basil or<br>Spicy Tomato | Roasted Vegetable<br>Slice              | Feta Cheese, Tomato<br>& Roasted Pepper<br>Parcels                                | Creamy Veg Cottage<br>Pie  | Cheese & Tomato<br>Pizza |
| Sides             | Sweetcorn<br>Garlic Bread                        | Herby Diced Potatoes<br>Peas<br>Carrots | Roast Potatoes<br>Cauliflower Cheese  | Carrots<br>Broccoli        | Chips<br>Peas<br>Beans   |
| Desserts          | Fruit Cocktail &<br>Cream                        | Chocolate Cake &<br>Chocolate Custard   | Rice Pudding  | Zingy Lime Drizzle<br>Cake | Apple Crumble &<br>Cream |

**Available Daily:** Sweet/Jacket Potatoes with a choice of ham, cheese or tuna. Fresh Fruit Basket and Homemade Yoghurts

**Salad Bar**—Variety of tasty options including ; boiled eggs, roast vegetables, sweetcorn, mushrooms, beetroot, cucumber, tomato, lettuce, couscous, olives, hummus, rice mix, potato salad, coleslaw, green beans, bean mix, guacamole, low fat dressings All dishes are freshly made on-site using locally sourced ingredients



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|-------------------|--|-------------------------------------|-------------------------------------|--|--------------------------------|
| Main Meal / Halal | Chilli Con Carne                                 | Caribbean Chicken Curry             | Minced Beef & Onion Pie             | Soup of the Day & filled Roll (cheese, ham or tuna)<br>-----<br>Steamed Pork | Real Chunky Chicken Nuggets    |
| Vegetarian        | Roasted Vegetable Risotto                        | Potato & Spinach Curry              | Roasted Vegetable Moussaka          | Chunky Vegetable Stew with Dumpling  | Vegan Nuggets                  |
| Sides             | Spicy Wedges<br>Sweetcorn<br>Salsa<br>Sour Cream | Rice<br>Peas<br>Mango<br>Naan Bread | Mashed Potatoes<br>Mixed Vegetables | Roasted Potatoes<br>Green Beans<br>Carrots                                   | Chips<br>Peas<br>Beans         |
| Desserts          | Ginger Cake & Custard                            | Jam Swiss Roll                      | Apple Cake & Custard                | Chocolate Mousse   | Raspberry Jam Turnover & Cream |

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| WEEK FOUR         | MONDAY                         | TUESDAY  | WEDNESDAY                                      | THURSDAY   | FRIDAY                            |
|-------------------|--------------------------------|--|--|--|-----------------------------------|
| Main Meal / Halal | Beef & Vegetable Pie           | Webber All-Day Brunch<br>Sausage/Bacon                   | Pasta Bar<br>Salmon & Broccoli Bake            | Soup of the Day & Filled Roll - (cheese, ham or tuna)<br>-----<br>Spicy Sweet & Sour Chicken | Beef Burgers                      |
| Vegetarian        | Mushroom & Feta Quiche         | Veggie Sausages  | Tuna & Sweetcorn Pasta<br>Tomato & Basil Pasta | Ratatouille  | Cheese & Onion Parcels            |
| Sides             | New Potatoes<br>Green Beans    | Scrambled Eggs<br>Hash Browns<br>Baked Beans<br>Tomatoes | Garlic Bread<br>Peas                           | Savoury Rice   | Chips<br>Baked Beans<br>Peas      |
| Desserts          | Pear Crumble & Vanilla Custard | Steamed Syrup Cake & Custard                             | Apple Puff & Cream                             | Victoria Sandwich  | Strawberry Crumble Cake & Custard |

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